

PANTRY SHOPPING LIST

BASICS

Cereal, Rice, Dried Beans, Graham Crackers, Crackers, Peanut Butter, Jelly, Fruit Juices, Meal Helpers, Pasta, Flavored Gelatin, Pudding, Muffin Mixes

CANNED GOODS

Canned Pastas, Soup, Fruit, Spaghetti Sauce, Vegetables, Tuna, Chicken, Ham, Salmon, Canned Stew, Chili, Beans

PAPER PRODUCTS

Paper Towels, Toilet Paper

PERSONAL HYGIENE

Shampoo, Sanitary Napkins, Deodorant, Toothpaste

CLEANING SUPPLIES

Small Laundry Detergent, Dish Soap, Kitchen or Bath Disinfectants

Please do not include any soda, cookies, or junk food. Think in terms of family meal basics. Only send non-perishable, unexpired items please.